VETERANS AND FAMILY SUPPORT

December 2023/January 2024

Unmet Needs is a program that addresses the needs of the family while the service person is away. Grants up to \$1500 payable to the creditor can bridge the gap to make mortgage or rent payments or to fund home and auto repairs. It can also help in the cost of insurance bills, utility costs, food & clothing. To learn more, visit vfw.org/assistance/financial-grants.

VFW "Sport Clips Help A Hero Scholarship" Program gives the gift of scholarships to our nation's heroes as a way to thank them for their dedicated service to our nation. This program awards scholarships of up to \$5,000 to qualifying veterans and service members to help them complete their educational goals without incurring excessive student debt.

To learn more, visit vfw.org/student-veteran-support.

Veterans & Military Suicide Prevention and Mental Health Awareness is the main focus this year; as it should always be. Making a difference in the life of a veteran or service member in crisis is the key. We must educate ourselves and others about the warning signs of suicide.

The Veterans Crisis Line connects veterans in crisis and their families and friends with qualified, caring Dept of Veterans Affairs responders through a confidential toll- free hotline, online chat, or text.

Veterans and their loved ones can:

- Call 1-800-MyVA411 to access all VA departments,
- Call 988 and Press 1,
- Chat online at veteranscrisisline.net, or
- Send a text message to 838255.

Confidential support is available 24/7/365. Support of deaf & hearing impaired is available. TIP: ADD THE VETERANS CRISIS LINE AS A CONTACT IN YOUR CELL PHONE FOR EASY REFERRAL.

Continue "Banding Together For Our Veterans" as we need to "Bee The Change" Helen Stearns <u>hlstearns1021@gmail.com</u> 920-319-2621(leave message)